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School Services & Costings 2018

Physical Education Support • Physical Activity • School Sport • Sports Coaching Provision



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For Further Information Please Visit sportsplusscheme.com 0845 643 1998

Buying a Service Not Just a Sports Coach!

Overview of Our Services 2018

Physical Education Support PE Lessons **Teacher Training** Holiday Sports Camps Tournaments & Events Inflatable Fun Sports Days PPA Cover Maternity Cover Games/Gym/Dance Training

Sports Premium Packages After School Clubs **Lunch Time Clubs** Breakfast Clubs Early Years Provision Impact Measurement Planning & Assessment Support for PE Subject Lead Parent & Child Courses **Lunch Time Supervisor Training**

Costings Matrix 2018

	Professional	Established Professional	Senior Professional
Full Day with After School Club	POA	POA	POA
Full Day without After School Club	POA	POA	POA
4 Way + 1 Option	POA	POA	-
3 Way + 1 Option	POA	POA	-
3 Way Option	POA	-	-



Recommended Ratios for After School Clubs 1:16 KS1 1:20 KS2



Full Time Sports Coach/Mentor Packages

Save £1,950 on your Full Time Sports Coach

Example Day - 5.5 Hours

9.00am - 12.00pm PE Lessons or Mentoring Support 12.00pm - 1.00pm Lunch Break for Sports Coach 1.00pm - 3.30pm PPA Cover or Teacher Training

POA* per week POA* for the Full Academic Year

4 Day Option

Example Day - 5.5 Hours

9.00am - 12.00pm PE Lessons or Mentoring Support 12.00pm - 1.00pm Lunch Break for Sports Coach 1.00pm - 3.30pm PPA Cover or Teacher Training

POA* per week

POA* for the Full Academic Year

3 Day Option

Example Day - 5.5 Hours

9.00am - 12.00pm PE Lessons or Mentoring Support 12.00pm - 1.00pm Lunch Break for Sports Coach 1.00pm - 3.30pm PPA Cover or Teacher Training

POA* per week

POA* for the Full Academic Year

2 Day Option

Example Day - 5.5 Hours

9.00am - 12.00pm PE Lessons or Mentoring Support 12.00pm - 1.00pm Lunch Break for Sports Coach 1.00pm - 3.30pm PPA Cover or Teacher Training

POA* per week

POA* for the Full Academic Year

Including Sports Plus Support

Quality Assurance • Management Support • CPD Training No On Costs • Sickness Cover • Flexibility of Provision

Bolt on Additional Extra Curricular Provision Breakfast, Lunch Time & After School Clubs

*Illustration calculated on Professional Sports Coach from Costings Matrix

NEW - The PE Passport APP



Sports Plus are now offering **The Primary PE Passport APP** as part of our service offer for 2018/19 with schools that sign up for a minimum amount of provision for the APP to be utilised as a whole school initiative.

The Primary PE Passport is unique with its breadth of coverage of data and has been designed by Primary School Teachers and Leaders with a PE specialism and years of experience of teaching PE.

3 Key Benefits

- The Primary PE Passport is Child Centred and allows Pupils
 Achievements in and out of School to be Recorded, Tracking
 Childrens Levels of Participation in Extra Curricular Clubs and Competitions
- The Passport is a Portable Planning, Assessment and Tracking Tool for Physical Education
- The Passport offers a Full Curriculum of Engaging and Interactive PE lessons for Reception to Year 6

Contact Sports Plus for Further Information

Full Day Offer 2018





Call For Prices

Based on a Full Day Each Week for the Academic Year

9:00am - 4:30pm*





Full Day Provision Offer with After School Club

Example Day

9.00am - 12.00pm PE Lessons or Mentoring Groups 12.00pm - 1.00pm Lunch Break for Professional 1.00pm - 3.15pm PE Lessons 3.30pm - 4.30pm After School Sports Club

Call for Prices* for Full Day







* From

Sports & Activities Menu 2018

Our Core Curriculum Offer

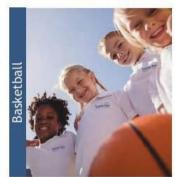
- ➤ Games
- ➤ Gymnastics
- Dance
- Outdoor Activities
- > Swimming*









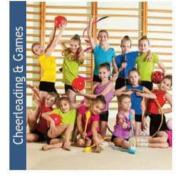


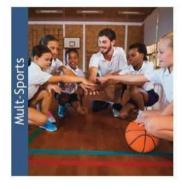


















"Subject to availability

- > Bench Ball
- ➤ Bhangra Dance
- ➤ Bollywood Dance
- Boxercise
- Cricket
- > Football
- ➤ Giant Ball Games
- Hockey

- Kombat Fitness
- Lacrosse
- ➤ Netball
- ➤ New Age Kurling
- > Pedal Bikes
- Rounders
- Rugby
- Scooter Hockey

- Skipping
- > Softball
- > Speed Stacking
- ➤ Street Dance
- > Tennis
- > Tri-Golf
- ➤ Ultimate Frisbee
- ➤ Volley Ball



Sports Premium Packages 2018



The Ultimate Extra Curricular Package

Breakfast Physical Activity Club Lunch Time Sports & Activity Club After School Sports Club

> 2 Days POA 3 Days POA 4 Days POA 5 Days POA For The Academic Year



Double Sports Club Package

Double Your After School Club Offering

3.30pm-4.30pm • 4.30pm-5.30pm • £60 Per Week

2 Days POA (4 After School Clubs)

3 Days POA (6 After School Clubs)

4 Days POA (8 After School Clubs)

5 Days POA (10 After School Clubs)

For The Academic Year



Holidays Sports Camps Package

Summer • October • February • Easter • Whitsun

32 Children Usually 16: KS1 16: KS2

10:00am-3:00pm (5 Days Per Week)

1 Week POA 2 Weeks POA

3 Weeks POA 4 Weeks POA



The Curriculum Mix Package

Lunch Time Club PE Lesson After School Club

2 Days POA 3 Days POA

4 Days POA 5 Days £POA

For The Academic Year



In Curricular & Extra Curricular Package

- Lunch Time Sports & Activity Club
- PE Lesson
- PE Lesson
- After School Sports Club
- After School Sports Club

1 Day POA 2 Days POA 3 Days POA

For The Academic Year

Bolt On Option

Parents & Children Healthy Eating Workshop
FUN Guidance & Education on Good Foods & Bad Foods
General Physical Activity Ideas for Parents & Children to Stay Active

4 Week Programme - Delivered by a Personal Trainer/Coach

Sports Leaders Awards





School Years 4 - 6

PlayMaker Award

The PlayMaker Award is a great introduction into leadership for pupils or students aged nine and over.

The award is designed for use in variety of education settings as a one day course and focuses on developing learners leadership skills.

Recommended Age: 9 and over Course length: 6 hours (approximately) Assessment: There is no formal assessment.



School Years 5 & 6

Young Leader Award

The Young Leader Award is a great introduction into leadership, giving pupils and students knowledge of how to organise and lead small games and activities that can be used as part of uniformed organisation, community club or sports club sessions.

The Young Leader Award aims to help learners develop leadership skills such as organisation, communication and teamwork, as well as helping to build confidence and self-esteem as they take on responsibility of leading their peers and younger children.

Recommended Age: 11 and over Course length: 6-10 hours (approximately) Assessment: There is no formal assessment



School Year 8

I Can Lead

A fun practical course that can be completed in class, on the sports field or as an after school activity.

I Can Lead has been designed as an introduction to leadership that will give learners the knowledge and skills to assist in leading basic sports/activity sessions under direct supervision.

Recommended Age: 13 and over Course length: 12 - 15 hours (approximately) Assessment: There is no formal assessment.

Holiday Sports Camps 2018

We can plan, deliver and manage your schools non term time Holiday Sports Camp.

We deliver this opportunity to a large number of primary schools with a huge take up,
along with an overwhelming positive response from parents on the quality of this service.

Use your Sports Premium Funding for this Service

Summer October February Easter Whitsun



32 Children Usually 16: KS1 16: KS2

10:00am-3:00pm (5 Days Per Week)

1 Week POA 2 Weeks POA

3 Weeks POA 4 Weeks POA

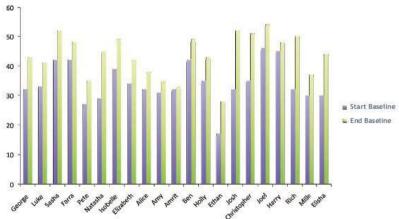
Measuring Impact Programme

Improving All 5 Areas Through PE Lessons

At the start and end of the programme with detailed tables, graphs & spread sheets that outline each childs progress

We Collate Base Line Data For Your School





Cardio Vascular Fitness
Reaction Time
Balance
Muscle Endurance
Flexibility

Fantastic for School Reports & Sports Premium Funding Impact



Games Skills Training

Fundamental Movement Transferable Game Skills Hand & Eve Development Sending & Receiving Warm Up & Cool Down Drills

Half Day or Full Day Offer Full Day POA Half Day POA



Gymnastics CPD

Basic Shapes Jumps, Rolls & Balances **Gymnastics Positions** Tumbles, Cart Wheels & Forward Rolls Use of Props Through Movement Targets & Levels Use of Equipment

Half Day or Full Day Offer **Full Day POA** Half Day POA





Beats & Movement to Music Ideas for Dance Themes Bhangra Street Dance Break Dance Haka

Dance Steps Routines Targets & Levels Choreograph Dances



Half Day or Full Day Offer Full Day POA Half Day POA



How to use the Primary PE & Sport Premium

Schools must use the funding to make additional and sustainable improvements to the quality of PE and Sport you offer.

This means that you should use the premium to:

- · develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

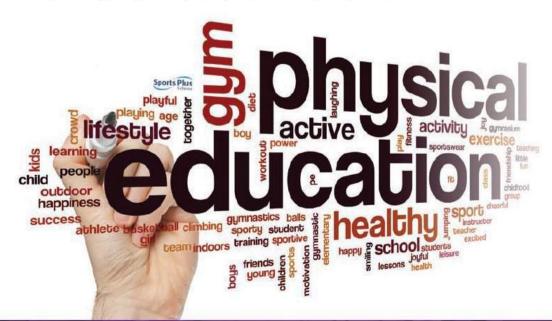
There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- · increased participation in competitive sport

For example, you can use your funding to:

- provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively
- hire qualified sports coaches to work with teachers to enhance or extend current opportunities
- introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities
- support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs
- enter or run more sport competitions
- partner with other schools to run sports activities and clubs
- increase pupils' participation in the School Games
- encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school
- provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum
- embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching

 $Source\ of\ Information\ https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools$



School Services & Costings 2018



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For Further Information Contact

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